



Your lungs are in a state of being "inflated" because the plural cavity maintains a negative pressure (about 3 mmHg less than the surrounding air). Therefore, the pressure within the lungs is positive and causes the lungs to press against the parietal pleura.

Your lungs "want" to collapse (even while you are reading this) due to the fact that the elastic connective tissue "wants" to recoil back to a small size; but the positive pressure within the lungs (and the corresponding vacuum within the pleural cavity) are keeping them pressed against the outer pleural cavity wall.

